

# Women's Specialty Care, Uro-Gynecology Division Paul Moore, MD and Ashley Anthony, CFNP

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Name	Date of B	Sirth Dat	te
Name of your Primary C Name of your OB/GYN Name/Phone Number of			
Reason for your visit:			
List Allergies:			
	Urinary Problems	Stool Problems	Vaginal Problems
Please check all problems that affect you	□ Constant urge to go to the bathroom □ I go to the bathroom every   minhrs □ I wake up times to go to the bathroom at night □ I leak with cough, laugh, sneeze □ I have burning with urination □ I have difficulty with urination or feel the bladder does not completely empty after going to the bathroom □ I lose urine while sleeping	☐ I usually have constipation ☐ I usually have diarrhea ☐ I have stool accidents or leak stool with: ☐ Leakage of gas ☐ Leakage of liquid stool ☐ Leakage of solid stool	☐ I have pelvic pressure ☐ I have pelvic pain ☐ I can feel a bulge through the vagina ☐ I can feel something is falling out through the vagina
How bad is your problem on a scale of 1-10	Rate (1=not bad, 10=very bad)	Rate (1=not bad, 10=very bad)	Rate (1=not bad, 10=very bad)
How long have you had this problem	# of years # of months	# of years # of months	# of years # of months
Pad use, changing clothes	Type of pads	Number of pads /day Number of clothing changes/day Number of times leak/day	How often do you feel this:  daily weekly monthly
Do you have	☐ A strong urge to urinate when you hear the sound of running water	<ul> <li>□ Leakage with certain foods</li> <li>□ Leakage with constipation</li> <li>□ Leakage with diarrhea</li> </ul>	☐ To use hands/fingers to urinate or have bowel movement

	☐ Leakage with activity☐ Leakage with intercourse		☐ To change your position in the bathroom to urinate	
Do you	☐ Drink coffee or tea	☐ Have a history of a tear or	☐ Have vaginal intercourse	
Do you	How many ounces daily?	episiotomy at childbirth	☐ Is intercourse painful?	
	☐ Drink large amounts of fluid	☐ Have anal intercourse	1	
	daily?			
	How many ounces daily?			
Please mark any	☐ Medication	□ Medication	☐ Medication	
treatments you had in the	□ Pessary	□ Pessary	□ Pessary	
past	□ Surgery	□ Surgery	□ Surgery	
Current Medicat	ions: Please list any prescription	and non-prescription drugs		
OB/GYN History	: Please circle all that apply			
Abnormal Pap	Fibroids		arian Cancer	
No cycles	Genitals wa		Polycystic ovarian syndrome Pelvic inflammatory disease Postpartum depression Preeclampsia RH negative Syphilis Urinary incontinence	
Breast cancer	Gestationa			
Cervical cancer	Gonorrhea			
Chlamydia	Herpes	Pre		
Pre-cervical cand	er HIV/AIDS	RH		
Pain with cycles	Hormone p	oroblems Syp		
Pain with interco	ourse Infertility	Uri		
Eclampsia	Heavy cycle	es Ute	erine cancer	
Endometrial poly	p Osteoporos	sis Va <sub>{</sub>	ginal cancer	
Endometriosis		Vul	ulvar cancer	
Other:				
Medical History:	Please circle all that apply			
Anemia	Depression	Ost	teoporosis	
Anesthetic comp	lications Diabetes m	ellitus Sei	zures	
Anxiety	Heart murr	nur Sicl	kle Cell anemia	
Asthma	Hepatitis	Dru	ıg abuse	
Blood dyscrasia	Hypertensi	on Thy	roid disease	
Blood transfusion	n Kidney dise	ease Tra	uma/Violence	
Breast problems	Liver diseas		nary incontinence	
Clotting disorder	Lupus	Vai	ricosities/Phlebitis	
Coronary artery	disease Mental dise	order		
Other:				

**Surgical History:** Please circle all that apply Abdominal surgery Cosmetic surgery Left ovary removed D&C (dilate & curettage) Appendectomy Pelvic laparoscopic surgery Endometrial ablation Bladder suspension BTL (bilateral tubal ligation) Breast enhancement Cryosurgery Right tube removed **Breast Surgery** Hysterectomy Left tube removed Hysteroscopy C-Section Colon surgery Laser conization Vaginal surgery **LEEP** Colposcopy Right ovary removed Other: \_ Family History: Please circle all that apply and list relative. Please note if it is a maternal -M (mother's side) or P-paternal (father's side) with disease Breast cancer Depression Lupus Colon cancer Endometriosis Mental illness Heart attack Osteoporosis Ovarian cancer Heart disease Polycystic ovarian disease Uterine cancer Asthma High Cholesterol Thyroid disease Diabetes Hypertension Prostate cancer **Social History:** Alcohol use: Yes No \_\_\_\_\_ glasses of wine per week \_\_\_\_ cans of beer per week shots of liquor per week Sexually active: Yes No Not currently Partners: male female both male and female Birth Control/Protection: abstinence condoms diaphragm implant (nexplanon) injection IUD Birth control pill, contraceptive patch vaginal ring spermicide sponge other\_\_\_\_ Drug use: Yes No if yes please list\_\_\_\_\_\_ Tobacco Use: never a smoker current every day smoker current some day smoker Former smoker Smokeless tobacco: never used current user former user Ready to quit tobacco products? Yes No Employer\_\_\_\_\_ Occupation\_\_\_\_

separated

divorced

widowed

single married

Marital status:

Years of education		Number of children				
OB History:		_				
# of Pregnancies # of	live birtl	ns# of mis	scarriages	# of abor	tions # of livin	g children
Delivery Date Vaginal o						Complications
2						
3 4						
5						
Menstrual History: Date of last period:						
Age cycles started:						
Period cycles (days)						
Period durations (days)						
Period pattern: regula	ar irreg	ular				
Menstrual flow: light	modei	rate heavy				
Menstrual control: panty	liner	thin pad ma	ixi pad ho	spital pad	tampon other	
Pain during cycles: none	mild	moderate	severe			
Preventative Health Main	tenance	History:				
Date of last OB/GYN Visit_						
Date of last PCP visit:			Provider's na	me		
Date of last Pap smear:			ocation:			
Date of last mammogram:						
Date of last colonoscopy: _						
Date of last bone density:		L	location:			
Practices self-breast exams	s: Yes	No				
Regular exercise:	Yes	No				
Healthy Diet:	Yes	No				
Violence at home:	Yes	No				
Depression:	Yes	No				

### **CHECKLIST: Review of Systems**

(Circle all that apply)

General-

Weight loss or gain

Fatigue

Fever or chills Weakness

Trouble sleeping **Skin-**

Rashes Lumps Itching Dryness

Color changes

Hair and nail changes

**Breasts-**Lumps
Pain
Discharge

Self-exams Breast-feeding

Respiratory-

Cough Sputum

Coughing up blood Shortness of breath

Wheezing

Painful breathing Cardiovascular-

Chest pain or discomfort

Tightness Palpitations

Gastrointestinal-

Swallowing difficulties

Heartburn

Change in appetite

Nausea

Change in bowel habits

Rectal bleeding Constipation Diarrhea

Yellow eyes or skin

Urinary-

Frequency Urgency

Burning or pain Blood in urine

Incontinence

Vascular-

Calf pain with walking

Leg cramping

Musculoskeletal-

Muscle or joint pain

Stiffness Back pain

Redness of joints Swelling of joints

Trauma **Neurologic-**

Dizziness
Fainting
Seizures
Weakness
Numbness
Tingling
Tremor

Hematologic-

Easy bruising Easy bleeding

Endocrine-

Hot or cold intolerance

Sweating

Frequent urination

**Thirst** 

Change in appetite

Psychiatric-

Nervousness

Stress Depression Memory loss

# INFORMATION FOR YOUR PHYSICIAN Part 1

#### **Instructions:**

Please answer these questions by putting an X in the appropriate box. If you are unsure about how to answer a question, give the best answer you can. While answering these questions, please consider your symptoms over the <u>past several</u> <u>months</u>. Thank you for your help.

<ol> <li>Do you usually experience pressure in the lower abdomen?</li> <li>□ No; □ Yes</li> </ol>					
	If yes, how much does this bother you?				
	Not at All Somewhat Madagataly Opita a hit				
	Not at All - Somewhat - Moderately - Quite a bit				
2.	Do you usually experience heaviness or dullness in the pelvic area?  □ No; □ Yes				
	If yes, how much does this bother you?				
	Not at All - Somewhat - Moderately - Quite a bit				
3.	Do you usually have a bulge or something falling out that you can see or feel in the vaginal area? $\square$ No; $\square$ Yes				
	If yes, how much does this bother you?				
	Not at All - Somewhat - Moderately - Quite a bit				
4.	Do you usually have to push on the vagina or around the rectum to have or complete a bowel movement $\square$ No; $\square$ Yes				
	If yes, how much does this bother you?				
	Not at All - Somewhat - Moderately - Quite a bit				
5.	Do you usually experience a feeling of incomplete bladder emptying?  □ No; □ Yes				
	If yes, how much does this bother you?				
	Not at All - Somewhat - Moderately - Quite a bit				
6.	Do you ever have to push up on a bulge in the vaginal area with your fingers to start or complete				
••	urination?				
	□ No; □ Yes				
	If yes, how much does this bother you?				
	Not at All Somowhat Madagataly Ovita a hit				
7	Not at All - Somewhat - Moderately - Quite a bit  Do you feel you need to strain too hard to have a bowel movement?				
٠.	□ No; □ Yes				
	If yes, how much does this bother you?				
	Not at All - Somewhat - Moderately - Quite a bit				
R	Do you feel you have not completely emptied your bowels at the end of a bowel movement?				
•	□ No; □ Yes				
	If yes, how much does this bother you?				
	Not at All - Somewhat - Moderately - Quite a bit				

9.	<ul> <li>Do you usually lose stool beyond your control if your stool is well formed?</li> <li>□ No; □ Yes</li> </ul>						
	If yes, how much does this bother you?						
	Not at All - Somewhat - Moderately - Quite a bit						
10.	Do you usually lose stool beyond your control if your stool is loose or liquid? $\square$ No; $\square$ Yes						
	If yes, how much does this bother you?						
	Not at All - Somewhat - Moderately - Quite a bit						
11.	Do you usually lose gas from the rectum beyond your control?  □ No; □ Yes						
	If yes, how much does this bother you?						
	Not at All - Somewhat - Moderately - Quite a bit						
12.	Do you usually have pain when you pass your stool?						
	□ No; □ Yes						
	If yes, how much does this bother you?						
	Not at All - Somewhat - Moderately - Quite a bit						
	Not at All - Somewhat - Moderatery - Quite a bit						
13.	Do you experience a strong sense of urgency and have to rush to the bathroom to have a bowel movement? $\square$ No; $\square$ Yes						
	If yes, how much does this bother you?						
	Not at All - Somewhat - Moderately - Quite a bit						
14.	Does a part of your bowel ever pass through the rectum and bulge outside during or after a bowel movement?  □ No; □ Yes						
	If yes, how much does this bother you?						
	Not at All - Somewhat - Moderately - Quite a bit						
15.	Do you usually experience frequent urination?  □ No; □ Yes						
	If yes, how much does this bother you?						
	Not at All - Somewhat - Moderately - Quite a bit						
16.	Do you usually experience urine leakage associated with a feeling of urgency, that is a strong sense of needing to go to the bathroom?  □ No; □ Yes						
	If yes, how much does this bother you?						
	Not at All - Somewhat - Moderately - Quite a bit						
17	Do you usually experience urine leakage related to coughing, sneezing, or laughing?						
# / •	□ No; □ Yes						
	If yes, how much does this bother you?						
	Not at All - Somewhat - Moderately - Quite a bit						

18	. <b>Do you usual</b> l □ No; □ Yes	• •	nall amounts of u	ırine leakage (	(that is, drops)?	
			s this bother you?			
				3		
	No	ot at All - S	Somewhat - M	Moderately	- Quite a bit	
19	. <b>Do you usual</b> l □ No; □ Yes		ifficulty emptying	g your bladdei	r?	
			s this bother you?			
				]		
	No	ot at All - S	Somewhat - M	Moderately	- Quite a bit	
20.	. Do you usuall	ly experience <i>p</i> o	ain or discomfort	in the lower a	bdomen or geni	tal region?
	□ No; □ Yes		-		8	8
	If yes,	how much does	s this bother you?	7		
	No	ot at All - S	Somewhat - N	Moderately	- Quite a bit	
				Part 2		
		al relations? ve would apprec		LJ	estions below. If	no, please go to Part 3
confide their se	ential. Your con ex lives. Please	fidential answer	s will be used only	y to help docto e question for	rs understand wh	l information is strictly nat is important to patients about ering the question, consider you
	•			-		
1.	_		sexual desire? The lack of sex, etc.	is feeling may	include wanting	g to have sex, planning to have
	[ ] Daily		[ ] Monthly	[ ] Less than	once a month	[ ] Never
2.	Do you clima	x (have an orga	sm) when having	sexual interc	ourse with your	partner?
	[ ] Always	[ ] Usually	[ ] Sometimes	[ ] Seldom	[] Never	
3.			(turned on) when			our partner?
	[ ] Always	[ ] Usually	[ ] Sometimes	[ ] Seldom	[] Never	
4.	Are you satisf	fied with the va	riety of sexual ac	tivities in you	r current sex lif	e?
	[ ] Always	[ ] Usually	[ ] Sometimes	[ ] Seldom	[] Never	
5.	Do you feel pa	ain during sexu	al intercourse?			
	[ ] Always	[ ] Usually	[ ] Sometimes	[ ] Seldom	[] Never	
6.	Are you incom	ntinent of urine	(leak urine) with	sexual activit	ty?	
	[ ] Always	[ ] Usually	[ ] Sometimes	[ ] Seldom	[] Never	
7.	Does fear of i	ncontinence (ei	ther stool or urin	e) restrict you	ır sexual activit	y?
			[ ] Sometimes			
8.	Do you avoid	sexual intercou	ırse because of b	ulging in the v	agina (either th	e bladder, rectum, or vagina
	falling out)?					
	[ ] Always	[ ] Usually	[ ] Sometimes	[ ] Seldom	[] Never	

9. When you have sex with your partner, do you have neg shame or guilt?  [ ] Always [ ] Usually [ ] Sometimes [ ] Sel	•	actions such as fea	r, disgust,			
10. Does your partner have a problem with erections that affect your sexual activity? [ ] Always [ ] Usually [ ] Sometimes [ ] Seldom [ ] Never						
11. Does your partner have a problem with premature ejaculation that affects your sexual activity? [ ] Always [ ] Usually [ ] Sometimes [ ] Seldom [ ] Never						
Part 3  Instructions: Some women find that bladder, bowel or vaginal synfeelings. For each question, place an X in the response that best defeelings have been affected by your bladder, bowel or vaginal symmark an answer in all 3 columns for each question. Thank you	scribes how much y	our activities, relati	onships or			
How do symptoms or conditions related to the following usually affect your	Bladder or urine	Bowel or rectum	Vagina or Pelvis			
ability to do household chores (cooking, housecleaning, laundry)?	☐ Not at all ☐ Somewhat ☐ Moderately ☐ Quite a bit	<ul><li>□ Not at all</li><li>□ Somewhat</li><li>□ Moderately</li><li>□ Quite a bit</li></ul>	<ul> <li>□ Not at all</li> <li>□ Somewhat</li> <li>□ Moderately</li> <li>□ Quite a bit</li> </ul>			
2. ability to do physical activities such as walking, swimming, or other exercise?	<ul><li>□ Not at all</li><li>□ Somewhat</li><li>□ Moderately</li><li>□ Quite a bit</li></ul>	<ul><li>□ Not at all</li><li>□ Somewhat</li><li>□ Moderately</li><li>□ Quite a bit</li></ul>	<ul><li>□ Not at all</li><li>□ Somewhat</li><li>□ Moderately</li><li>□ Quite a bit</li></ul>			
3. entertainment activities such as going to a movie or concert?	<ul><li>□ Not at all</li><li>□ Somewhat</li><li>□ Moderately</li><li>□ Quite a bit</li></ul>	<ul><li>□ Not at all</li><li>□ Somewhat</li><li>□ Moderately</li><li>□ Quite a bit</li></ul>	<ul><li>□ Not at all</li><li>□ Somewhat</li><li>□ Moderately</li><li>□ Quite a bit</li></ul>			
4. ability to travel by car or bus for a distance greater than 30 minutes away from home?	☐ Not at all ☐ Somewhat ☐ Moderately ☐ Quite a bit	<ul><li>□ Not at all</li><li>□ Somewhat</li><li>□ Moderately</li><li>□ Quite a bit</li></ul>	☐ Not at all ☐ Somewhat ☐ Moderately ☐ Quite a bit			
5. participating in social activities outside your home?	☐ Not at all ☐ Somewhat ☐ Moderately ☐ Quite a bit	☐ Not at all ☐ Somewhat ☐ Moderately ☐ Quite a bit	☐ Not at all ☐ Somewhat ☐ Moderately ☐ Quite a bit			
6. emotional health (nervousness, depression, etc.)?	☐ Not at all ☐ Somewhat ☐ Moderately ☐ Quite a bit	<ul><li>□ Not at all</li><li>□ Somewhat</li><li>□ Moderately</li><li>□ Quite a bit</li></ul>	<ul><li>□ Not at all</li><li>□ Somewhat</li><li>□ Moderately</li><li>□ Quite a bit</li></ul>			
7. feeling frustrated?	<ul><li>□ Not at all</li><li>□ Somewhat</li><li>□ Moderately</li><li>□ Quite a bit</li></ul>	<ul><li>□ Not at all</li><li>□ Somewhat</li><li>□ Moderately</li><li>□ Quite a bit</li></ul>	<ul><li>☐ Not at all</li><li>☐ Somewhat</li><li>☐ Moderately</li><li>☐ Quite a bit</li></ul>			